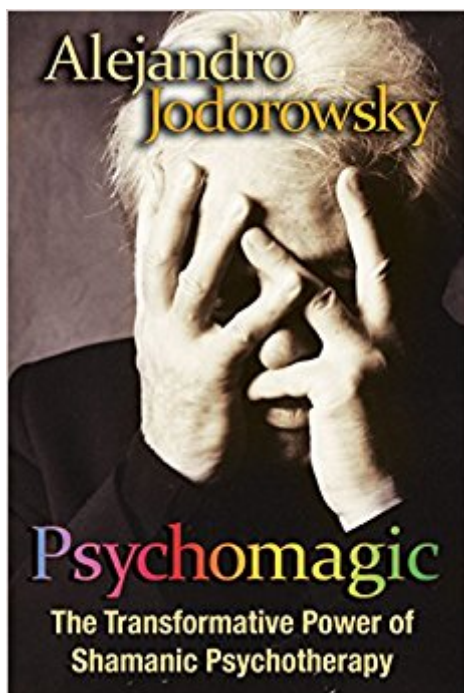


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# Psychomagic: The Transformative Power Of Shamanic Psychotherapy



## Synopsis

A healing path using the power of dreams, theater, poetry, and shamanism â Shows how psychological realizations can cause true transformation when manifested by concrete poetic acts â Includes many examples of the surreal but successful actions Jodorowsky has prescribed to those seeking his help

While living in Mexico, Alejandro Jodorowsky became familiar with the colorful and effective cures provided by folk healers. He realized that it is easier for the unconscious to understand the language of dreams than that of rationality. Illness can even be seen as a physical dream that reveals unresolved emotional and psychological problems. Psychomagic presents the shamanic and genealogical principles Jodorowsky discovered to create a healing therapy that could use the powers of dreams, art, and theater to empower individuals to heal wounds that in some cases had traveled through generations. The concrete and often surreal poetic actions Jodorowsky employs are part of an elaborate strategy intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper self. That is when true transformation can manifest. For a young man who complained that he lived only in his head and was unable to grab hold of reality and advance toward the financial autonomy he desired, Jodorowsky gave the prescription to paste two gold coins to the soles of his shoes so that all day he would be walking on gold. A judge whose vanity was ruling his every move was given the task of dressing like a tramp and begging outside one of the fashionable restaurants he loved to frequent while pulling glass doll eyes out of his pockets. The lesson for him was that if a tramp can fill his pockets with eyeballs, then they must be of no value, and thus the eyes of others should have no bearing on who you are and what you do. Taking his patients directly at their words, Jodorowsky takes the same elements associated with a negative emotional charge and recasts them in an action that will make them positive and enable them to pay the psychological debts hindering their lives.

## Book Information

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## Customer Reviews

• Jodorowsky is a brilliant, wise, gentle, and cunning wizard with tremendous depth of imagination and crystalline insight into the human condition. His work is a source of inspiration for me and for many of the most important and innovative artists of our time. Psychomagic is necessary reading for all who long to shock the world into awakening and remembrance of what has always been and what is still to come. • (Daniel Pinchbeck, author of 2012: The Return of Quetzalcoatl) • Currently there are books that have become essential to winnow out established ideas and open new horizons. The texts brought together here have that special ability to contemplate old problems from perspectives that were not thought to exist. • (El Mundo) • Alejandro Jodorowsky seamlessly and effortlessly weaves together the worlds of art, the confined social structure, and things we can only touch with an open heart and mind. • (Erykah Badu, artist/chemist) • The best movie director ever! • (Marilyn Manson) "Writers Gilles Farcet and Javier Esteban draw the secrets of [Jodorowsky's] genius out in Parts I and II of the book. In Part III Jodorowsky offers us 'An Accelerated Course in Creativity.' Simultaneously cutting-edge and down-to-earth, this one's in a category all its own." (Anna Jedrzejewski, New Age Retailer, June 2010) "Jodorowsky is a psychotherapist for love rather than money, and he accepts no fees for his services. His unconventional and visionary way of being is in itself the truest recommendation of the path to freedom and creative evolution he foresees for us all." (Robert Simmons, MetaGuide Magazines, October 2010)

SPIRITUALITY / PSYCHOTHERAPY • Jodorowsky is a brilliant, wise, gentle, and cunning wizard with tremendous depth of imagination and crystalline insight into the human condition. • --Daniel Pinchbeck, author of 2012: The Return of Quetzalcoatl While living in Mexico, Alejandro Jodorowsky became familiar with the colorful and effective cures provided by folk healers. He realized that it is easier for the unconscious to understand the language of dreams than that of rationality. Illness can even be seen as a physical dream that reveals unresolved emotional and psychological problems. Psychomagic presents the shamanic and genealogical principles

Jodorowsky discovered to create a healing therapy that uses the powers of dreams, art, and theater to empower individuals to heal wounds that in some cases had traveled through generations. The concrete and often surreal poetic actions Jodorowsky employs are part of an elaborate strategy intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper self. That is when true transformation can manifest. For a young man who complained that he lived only in his head and was unable to grab hold of reality and advance toward the financial autonomy he desired, Jodorowsky gave the prescription of pasting two gold coins to the soles of his shoes so that all day he would be walking on gold. A judge whose vanity was ruling his every move was given the task of dressing like a tramp and begging outside one of the fashionable restaurants he loved to frequent while pulling glass doll eyes out of his pockets. The lesson for him was that if a tramp can fill his pockets with eyeballs, then they must be of no value, and thus the eyes of others should have no bearing on who you are and what you do. Taking his patients directly at their words, Jodorowsky takes the same elements associated with a negative emotional charge and recasts them in an action that will make them positive and enable them to pay the psychological debts hindering their lives. ALEJANDRO JODOROWSKY is a filmmaker who made the legendary El Topo and The Holy Mountain. He is also a visionary writer and innovative psychotherapist living in Paris.

This is as close as you can get to having a conversation about magic with this wonderful weirdo. It's part Think and Grow Rich, part Chaos Magick, part jungle brujeria, all original. This is a fun read if you just saw Jodorowsky's Dune.

I am still reading this but so far it is Incredibly Excellent , spraking as a counselor, Integral (R)Evolutionary, musician and Teacher! Okan to go both to Paris to experience/study with Alejandro, Mi Marstro/Hermano/Amigo And to DF Mexico City to work/study with son Adan while becoming CIT-Certified Integral Therapist! Can't recommend too highly on many levels! Buy it! Learn it! Use it! Taom MacDougall/ThomasHeady LMHC, MA

This man is one of the pillars of my experience of life.

Fascinating book and fascinating guy. Loved the interview format with 2 different interviewers. Can't wait to read his other books!

Everybody should read this. Very easy and quick to read as it is mostly an interview/conversation. Lots of great concepts are shared without feeling too scientific or too mystical for non-believers. He rides a nice middle ground that is very satisfying and inspiring. Some nice and concise exercises at the end break down the simplicity of these very basic ideas he shares. Lots of wild stories. I don't keep a lot of books that I read, but this one is something to hold on to.

Love the book with all the stories about Alejandro's travels through Mexico and his native Chile and finally settling in his new niche in France and rediscovering the Marseille tarot cards. Very interesting to say the least. I highly recommend his book and the cards as well.

I have learned from this book and the rest of Jodorowsky's work that we are more than an intellect, much more. He recognizes the importance of the irrational side of our life and, more importantly, that you can communicate with it. To do so you will have to do it in its own terms which for the intellect are plain crazy. The importance of Jodorowsky's work is that he shows that even if your intellect recognizes certain acts as crazy, crackpot like, the unconscious will swallow them hook, line, and sinker. By carrying out these acts you can cure the many wounds that our different upbringings, experiences of life, and unfortunate decisions, have created on us. If you feel the need for a change, and have the guts to attempt a deep change in your life, I thoroughly recommend this book. You can learn much more about his ideas in the Spanish language site [ÃÃÃ]

Jodo's books are really great for the present reader. If you skim and speed read his books you will miss a lot, I have to really focus and not skim here, because there's so much good stuff I don't want to miss. Lots of insight and even if I don't always agree with him, I admire his genius and spiritual creativity. Great reading for anyone who is interested in soulful self improvement.

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